



## Christ Church Notice Sheet 24th January 2021

### Covid-19 Outreach Support Team

Christ Church has assembled a small, flexible group of volunteers to support vulnerable and self-isolating parishioners in a variety of ways - from shopping and collecting prescriptions to phone support and sending letters. For more information, see the church website or email [christchurch-covid19-outreach@outlook.com](mailto:christchurch-covid19-outreach@outlook.com)

### Pastoral Care

If you, or someone you know, is in need of pastoral care, please call Tina Benney on 01242 512246 or Rev Simon Heron on 01242 515983.

### Daily Morning Prayer

Although the Christ Church building is not open for services at the moment, you can still join us for Daily Morning Prayer online. It takes place from 9-9.30am on Zoom. There is no commitment to come every day - just come as and when you can. Email Andrew for more information, and for a Zoom link to join the meeting ([andrew.judge50@gmail.com](mailto:andrew.judge50@gmail.com)).

### Let's Be Clear

Let's Be Clear is a campaign for clear face masks and clearer communication across Gloucestershire. 'We want it to be easier for people who rely on lip reading and facial expressions to communicate and connect – people who are deaf or hard of hearing, people with a learning disability, a speech difficulty, autism, dementia, or English as a second language are particularly affected'. For more information, please visit <https://www.letsbeclearcampaign.org/>.

Bishop Rachel has signed an open letter to Gloucestershire as part of this campaign. To read the letter, you can find it at <https://www.letsbeclearcampaign.org/open-letter/>.

### Engaging with Everyday Faith Course

Do you have a faith? Does it make a difference to how you live your life day to day? This course will help you to take time out and consider ways that you can make shifts in our everyday lives. With Lyn Weston and Pauline Godfrey. Tuesdays 19 January 2021 and 9 February 2021, 7:30pm - 9pm on Zoom. Sign up at <https://bit.ly/3oFakxi>



### Loved and Liked Course

This six session course is a chance for you to explore how you are uniquely made and that God actually loves and likes all of us. Join Peter Hill, course author for this course to get your new year off to a good start. Starts Monday 11th January, 7-8.30pm on Zoom. Sign up at

<https://bit.ly/3ovq0TF>

### Faith and Fitness from the comfort of your home

Bible centred exercise might just be the way to get you physically and spiritually fit this winter. Working with PSALMS and the Diocese of Gloucester, Jon Taylor is leading HIITs (High Intensity Interval Training) sessions. Each one lasts between 15 to 25 minutes, and is centred

around the Bible and allows people to explore faith and wellbeing. Thinking about the big questions in life is a welcome distraction from the aching muscles and racing hearts! Find the sessions on the PSALMS YouTube channel: <https://www.youtube.com/c/PSALMSUK/videos>



### Ministry Experience Scheme

Are you aged 18-30 and passionate about your faith? Do you feel called to Christian ministry, but don't know what type or where to start? The Diocese of Gloucester is offering an exciting and fulfilling one year ministry experience scheme for young people (18-30). During the placement the scheme will provide an opportunity for participants to experience ministry in a variety of settings and will aim to equip people for a life of service to God. Find out more [here](#).

## Parenting for Faith - Online Course

Are you a parent, Godparent, grandparent? Are there children in your life? Do you want to help children know God for themselves, and develop their own relationship with Him? We and other churches are joining St Paul's Cheltenham, which is hosting an online "Parenting for Faith" course. Five 90-minute evening sessions, starting Monday 18th January. We'll be watching the videos together, and then splitting into breakout sessions with other people from our own church to discuss and pray. Talk to Anna if you'd like more details ([anna@laszlos.co.uk](mailto:anna@laszlos.co.uk)). For more information, and to sign up, visit <http://www.stpaulscheltenham.com/parentingforfaith>.

parenting  
for faith

## Personal Shapes for Living

Have you ever wondered how to grow and develop as a follower of Christ? How to find your own way for living life to the full? Personal Shapes for Living, using some the principles of the Seeking Shapes for Living Course, offers you the chance to walk alongside a mentor or encourager to explore how you might grow in faith as a lifetime journey. **Sign up now** and you will be matched with a mentor/encourager who will help you look at your life through the lens of Everyday Faith. Or **get in touch** if you would like to be an encourager/mentor. See this webpage for more information: <https://www.gloucester.anglican.org/2020/perosnal-shapes-for-living/>

## Pam Jenner's Cremation Service

Pam Jenner's cremation service will be available online from Wednesday 6th January to Monday 8th February on <https://www.obitus.com/> using Username Soxa7175 Password 268062.

## Support Christ Church financially

You can give by texting CHURCH, plus the amount you would like to donate (up to £20), to 70450. So to give £5, text CHURCH 5 to 70450, or to give £20, text CHURCH 20 to 70450. This service costs your donation plus your standard message rate. You can also give any amount online by visiting the [http://www.give.net/Christ\\_Church\\_Chelt](http://www.give.net/Christ_Church_Chelt) - Thank you!

## Prayers

Thank you for the peaceful Inauguration Day in America on Wednesday. Help us always to respond and not be insensitive to issues of injustice and division. Help us to be peacemakers, selfless and generous in all we do.

Thank you for people who have enriched our own lives. We remember anyone feeling sad about being separated from the people they love. Help us to offer light to people in need, and to graciously accept when light is offered to us. We pray that we can be strong in the knowledge that we do not travel through life alone.

We pray for people who are sick, vulnerable, alone, unloved, depressed or despairing, and everyone affected by Covid 19. Thank you for everyone working so hard from all walks of life during this Pandemic to keep our lives on an even keel. Thank you for them and the amazingly selfless work that they do.

Lord, may the healing of your compassion, mercy and love remain among us beyond our worship this morning. In the week ahead may your spirit bring your joy and love into our everyday lives so that we can bring new richness into our faith, and make it like the best wine which we can share joyfully with those around us.

We pray for those who are sick in body, mind or spirit, especially Chris and June Eddershaw, Jane Heaton, Tina Holland, Grace Hood, Colin Inward, Rose Marville, Dee Rice, Daphne Simpson, Rosemary Singer, Tim Smith, Topsy Southgate, William Staight, Anne Standish, Jane Weston, Keith White and Hazel.

We pray too for the bereaved.

**'I am with you always, to the very end of the age.'** Matthew 28:20 NIV